

13th Annual
New Year's Class

with

Cheri Clammpeett

Start the New Year with a Vision!

**Join Cheri in a special class:
starting with Yin, then gentle flow yoga,
and finishing with a visioning meditation,
to release the past and open to
creating a wonderful 2009!**

**Thursday, January 1st
5:00-7:00 PM • \$30**

Happy New Year!!

Please pre-register • Space is limited